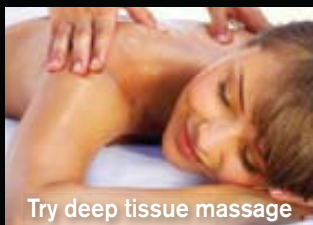




# massage

STARVED ROCK

Imagine a quiet cabin in a tranquil, wooded setting with soft candlelight and soothing music. Imagine being recharged and refreshed physically and mentally.



**Starved Rock Lodge & Conference Center**  
Rt. 178 & 71 • Utica, IL 61373  
1-800-868-ROCK (7625)  
[www.starvedrocklodge.com](http://www.starvedrocklodge.com)

## Therapeutic Massage Menu

### Swedish Massage

(\$75.00 per person 60 minutes)

### Aroma Therapy Massage

(\$85.00 per person 60 minutes)

### Pre-Natal Massage

(\$75.00 per person 60 minutes)

### Trigger Point Therapy

(\$75.00 per person 60 minutes)

### Therapeutic Deep Tissue

(\$75.00 per person 60 minutes)

### Hot Stone Therapy

(\$85.00 per person 60 minutes)

### Full Body Sugar/Salt Scrub

(\$85.00 per person 60 minutes)

### Couples Massage

(See descriptions and prices above)

**Gift Certificates** are available.

**Therapists:** Our professional massage therapists are highly trained and meet strict licensing standards.

**Cancellations:** Please notify us 24 hours before your scheduled appointment to avoid being charged the full service fee.

**Jewelry and Valuables:** We ask that you do not bring jewelry or other valuables to the treatment room.

**Pregnant Guests:** Please let the reservationist know if your are expecting.

**To book your massage call  
the Starved Rock Receptionist at  
815-667-4211**

Please call early to reserve a time slot.

*An adult must accompany all guests under the age of 18.*

