



# massage

STARVED ROCK

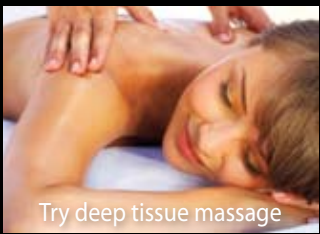
Imagine a quiet cabin in a tranquil, wooded setting with soft candlelight and soothing music. Imagine being recharged and refreshed physically and mentally.



Indulge your senses



Relax with hot stone therapy



Try deep tissue massage



AND CONVENTION CENTER

**Starved Rock Lodge & Conference Center**

Rt. 178 & 71 • Utica, IL 61373

**1-800-868-ROCK (7625)**

**[www.starvedrocklodge.com](http://www.starvedrocklodge.com)**

# Therapeutic Massage Menu

## Swedish Massage

(\$75.00 per person 60 minutes)

## Aroma Therapy Massage

(\$85.00 per person 60 minutes)

## Pre-Natal Massage

(\$75.00 per person 60 minutes)

## Trigger Point Therapy

(\$75.00 per person 60 minutes)

## Therapeutic Deep Tissue

(\$75.00 per person 60 minutes)

## Hot Stone Therapy

(\$85.00 per person 60 minutes)

## Full Body Sugar/Salt Scrub

(\$85.00 per person 60 minutes)

## Couples Massage

(See descriptions and prices above)

**Gift Certificates** are available.

**Therapists:** Our professional massage therapists are highly trained and meet strict licensing standards.

**Cancellations:** Please notify us 24 hours before your scheduled appointment to avoid being charged the full service fee.

**Jewelry and Valuables:** We ask that you do not bring jewelry or other valuables to the treatment room.

**Pregnant Guests:** Please let the reservationist know if you are expecting.

**To book your massage call  
the Starved Rock Receptionist at  
815-667-4211**

Please call early to reserve a time slot.  
An adult must accompany all guests under the age of 18.

